

### Talking Mat – Attending school whilst others are self-isolating

No problem	Little problem	Big problem
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Traveling to school	Not having usual timetable of lessons	Not knowing which staff will be there
Not knowing which room(s) I'll be in	Not knowing what will happen when	Not knowing which other pupils will be in
Other pupils being noisy/messing about	Friends not in school	Worrying about catching Coronavirus
Lunchtimes	Break times	Having to do PE/exercise
Washing hands in school	Using the toilet in school	Eating food in school
Doing school work whilst other people are at home	Parent(s) having to go to work because they are a 'key worker'	Staff understanding my needs and being flexible
Feeling unmotivated to do school work	Exams being cancelled	Using hand sanitiser/gel
Feeling anxious	Other activities not usually associated with school, e.g. playing games	Staying 2 metres apart from people in school

<p>Having access to phone and earphones in school</p>	<p>Being in bigger groups than usual</p>	<p>Being in smaller groups than usual</p>
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