



# Autism advice sessions

The drop in is for parents and education professionals who need advice on either their child who is autistic or a pupil in their setting who may have autism.

Just drop in, no need to book. Come along and meet other parents in a friendly environment.

Alongside the drop-in sessions, STARS run workshops on specific topics. Parents and setting staff are welcome to attend the workshops. There are some workshops which are only open for parents to attend, please see overleaf for more details.

**Please note: this drop in is for parents who either live in Leeds or where your child attends a Leeds setting. Education professionals are welcome to attend from Early Years settings, Primary and Secondary Schools and Colleges only within Leeds.**

**FAQ: Can I bring my children with me?** Ideally it's best if you can arrange childcare as the drop in gets very busy and noisy and we don't have childcare facilities. However, we understand if you have to bring them along if you cannot arrange childcare. Please also be aware that if you are bringing your child who has autism then it may not be appropriate for them to be listening into the conversation.

# September 2019 - July 2020

**Where:** Leeds Central Library, Calverley Street, LS1 3AB  
The Autism drop in is on the 3<sup>rd</sup> floor of the library.

**When:** The drop in starts at 10am and finishes at 12 noon.

**The workshops run from 10am-11.15am**

## Contact information

For more information about the drop in:

[starsteam@leeds.gov.uk](mailto:starsteam@leeds.gov.uk)

[www.starsteam.org.uk](http://www.starsteam.org.uk)



## Autism advice sessions

### Who will be there to help?

**STARS Team;** autism outreach service giving advice to parents and professionals from Early Years, Primary, Secondary/post 16.

**ABC parent support group:** help, support and advice to parents about what services, facilities and groups are on offer in Leeds.

**SENDIAS: Special Education Needs and Disability Information Advice Support Service:** for parents who require advice relating to EHCP, school mediation, finding the right school.

**CAMHS: Child and Adolescent Mental Health Services:** for parents who require advice on diagnosis, mental health issues, anxiety.

**Specialist Health Visitors:** for parents who have a child under the age of 5 who need advice and support.

**Speech and Language Therapy:** giving advice on speech and language and communication needs.

**Sleep right from SCOPE:** giving advice to parents on sleep issues for their child.

**Library staff** will be available to help you use Boardmaker a computer programme which helps you make picture symbols.

## September 2019 - July 2020

### Friday 6<sup>th</sup> September

**Drop-in:** 10am – midday

**Workshop topic:** Autism  
**Education Trust Training:** Early Years  
**Years:** Making Sense of Autism

### Friday 7<sup>th</sup> February

**Drop-in:** 10am – midday

**Parents only workshop**  
**Workshop topic:** Sleep

### Friday 4<sup>th</sup> October

**Drop-in:** 10am – midday

**Workshop topic:** Sensory Processing

### Friday 6<sup>th</sup> March

**Drop-in:** 10am – midday

**Workshop topic:** Emotional Wellbeing: for those working with children who are aged 10+

### Friday 15<sup>th</sup> November

**Drop-in:** 10am – midday

**Workshop topic:** Autism  
**Education Trust Training:** School age  
**School age:** Making Sense of Autism

### Friday 1<sup>st</sup> May

**Drop-in:** 10am – midday

**Workshop Topic:** Puberty & Sexuality: for those working with children who are aged 8+

### Friday 6<sup>th</sup> December

**Drop-in:** 10am – midday

**Parents only workshop:**  
**Workshop topic:** Visual structure and routine

### Friday 5<sup>th</sup> June

**Drop-in:** 10am – midday

**Workshop topic:** Introduction to Intensive Interaction

### Friday 10<sup>th</sup> January

**Drop-in:** 10am – midday

**Workshop topic:** Autism  
**Education Trust Training;** Post 16  
**16:** Making Sense of Autism

### Friday 3<sup>rd</sup> July

**Drop-in:** 10am – midday

**Workshop topic:** Masking: how children can 'mask' their autism and anxieties