

Sensory Profile for ...
Completed on by

Over sensitivity to sensory stimuli means a person is likely to **avoid**. ... has the following over sensitivities:

Motor skills differences

Doesn't like bright lights Gets headaches from artificial lights Can't tolerate certain colours	Can't tolerate certain smells Refuses to go in certain room due to smells	Has a restricted diet, may be VERY fussy eater Dislikes different types of food touching on plate	Covers ears with hands when hears loud noise Finds it hard to filter out background noise and focus in classroom	Dislikes being touched/ being in crowds A light touch can be very painful Doesn't like wearing new clothes Seams or labels in clothes can be very uncomfortable	Struggles to go up and downstairs Avoids/dislikes PE Avoids being off the ground Moves whole body to look at something		Feels constantly hungry/thirsty Feels the urge to go for a wee or a poo very often Has a low pain threshold Feels constantly too hot/too cold
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Delayed at sitting/ crawling/ walking

Finds handwriting/ drawing/ using scissors difficult

Finds using cutlery difficult

Sight	Smell	Taste	Hearing	Touch	Balance (vestibular)	Proprioception (body/space awareness)	Interoception (internal body awareness)
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Under sensitivity to sensory stimuli means a person is likely to **seek**. ... has the following under sensitivities:

Stares at bright lights Fixates on particular colour/ pattern Moves hands or objects in front of eyes	Sniffs items deeply Is unaware of strong smells	Eats non-food items Likes very spicy or flavoursome food	Listens to music/TV very loud/puts ear to speaker Likes to hear the noise of objects being banged /dropped Makes self-stimulatory noises	Touches other people a lot Seeks out preferred fabrics/textures Finds it hard to gauge temperatures, e.g. of bath water	Likes to spin around Is constantly on the move Feels the need to jump/ trampoline Feels the need to be upside down Feels the need to climb	Leans against things Sits on legs/feet Likes deep pressure Is unaware of own strength Bumps into people/objects Walks on tip-toes Chews non-food objects	Doesn't recognise thirst/hunger Can't tell when needs a wee or poo Has a high pain threshold Can't tell if too hot/too cold
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Struggles with whole body co-ordination, e.g. sports, bike

Finds it difficult to get dressed/tie shoe laces

